

THE VINEYARD PRIMARY SCHOOL

SUMMER 2022

WEEK 1

18/04, 09/05, 06/06,
27/06, 18/07



Option 1

Cheese and Tomato
Pizza served with Potato
Wedges

Tuesday.

Organic Beef Lasagne

Wednesday.

Sausage Plait served with
New Potatoes

Thursday.

Sticky Hoisin Free Range
Chicken served with
Noodles

Friday.

Gluten Free Breaded Fish
or Grilled Fish served with
Chips

Option 2 V Vegetarian

Rainbow Pizza served
with Potato Wedges

Vegetable Lasagne

Vegetarian Sausage
served with Apple Sauce
and New Potatoes (Ve)

Chinese Vegetable
Noodles with Edamame
Beans

Vegetable Nuggets
served with Chips (Ve)

Option 3

Three Bean Pasta (Ve)

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Tomato and Basil Pasta (Ve)

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Jacket Potato served with
Cheese, Baked Beans
(Ve), Tuna Mayonnaise or
Coleslaw

Vegetables

Sweetcorn Broccoli

Medley of Vegetables

Carrots Cabbage

Cauliflower Green Beans

Baked Beans Garden
Peas

Dessert

Fresh Fruit or Yoghurt

Summer Fruits Sponge

Fruit Salad (Ve)

Chocolate Slice

Fruit Slushy (Ve)

WEEK 2

25/04, 16/05,
13/06, 04/07

Option 1

Crunchy Topped
Macaroni Cheese

Tuesday.

BBQ Chicken Burger with
Herby Diced Potatoes

Wednesday.

Roast Gammon served
with Roast Potatoes and
Gravy

Thursday.

Organic Beef Chilli
Con Carne served with
Steamed Rice

Friday.

Fish Fingers or Salmon
Fish Fingers or Grilled
Fish served with Chips

Option 2 V Vegetarian

Sweet Potato, Spinach
and Lentil Curry served
with Steamed Rice (Ve)

Falafel Burger with
Mango Chutney and
Herby Diced Potatoes

Roast Quorn served with
Roast Potatoes and Gravy

Veggie Chilli served with
Steamed Rice (Ve)

Cheese and Tomato
Wheel served with Chips

Option 3

Roasted Vegetable Pasta
(Ve)

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Neapolitan Pasta (Ve)

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Jacket Potato served with
Cheese, Baked Beans
(Ve), Tuna Mayonnaise or
Coleslaw

Vegetables

Green Beans Carrots

Broccoli Sweetcorn

Garden Peas Cabbage

Carrots Sweetcorn

Baked Beans Garden
Peas

Dessert

Fresh Fruit or Yoghurt

Apple Crunch (Ve)

Sugar Free Vanilla Cookie

Toffee and Banana
Sponge

Fruit Slushy (Ve)

WEEK 3

02/05, 23/05,
20/06, 11/07

Option 1

Tomato and Mascarpone
Pasta

Tuesday.

Cajun Free Range
Chicken Pizza served
with Potato Wedges

Wednesday.

Pork Sausages served
with Mashed New
Potatoes and Gravy

Thursday.

Minced Organic Beef and
Pasta Bake with a Cheesy
Topping

Friday.

Gluten Free Breaded Fish
or Grilled Fish served with
Chips

Option 2 V Vegetarian

Spicy Vegetable Rice (Ve)

Cheese and Tomato
Pizza served with Potato
Wedges

Vegetarian Sausage (Ve)
served with Mashed New
Potatoes and Gravy

Veggie Mince and Pasta
Bake with a Cheesy
Topping

Vegetable Nuggets
served with Chips (Ve)

Option 3

Pesto Pasta (Ve)

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Macaroni Cheese

Build your own Bap or
Baguette. Choose from
Cheese, Tuna Mayonnaise,
Egg Mayonnaise or
Roasted Vegetables and
Hummus (Ve)

Jacket Potato served with
Cheese, Baked Beans
(Ve), Tuna Mayonnaise or
Coleslaw

Vegetables

Cauliflower Garden Peas

Carrots Sweetcorn

Garden Peas Cabbage

Medley of Vegetables

Baked Beans Garden
Peas

Dessert

Ice Lolly (Ve)

Orange Jelly with
Mandarins (Ve)

Fruit Salad (Ve)

Fresh Fruit or Yoghurt

Fruit Slushy (Ve)



**SUGAR
SHERIFF**



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY
WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

